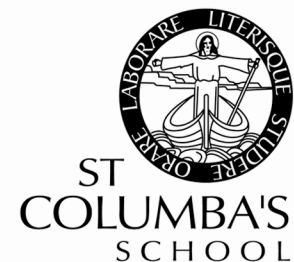


# Junior School Lunch Menu



Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>	<p>Lentil soup Spaghetti Bolognese Tomato pasta Toasted sandwiches Baked potato &amp; filling Sandwiches, baguettes &amp; filled rolls Assorted salads</p> <p>Fruit pot/yogurt Milk, water &amp; fruit juice</p>	<p>Lentil soup Breaded Haddock Spaghetti Bolognese Sliced pepper pizza Chipped potatoes Sandwiches, baguette &amp; filled rolls Assorted salads</p> <p>Fruit pot/yogurt Milk, Bottled water &amp; fruit juice</p>	<p>Cream of leek soup Macaroni cheese Chicken pie potatoes &amp; vegetables BBQ potato shells Baked potato &amp; filling Sandwiches, baguettes &amp; filled rolls Assorted salads</p> <p>Fruit pot/yogurt Milk, bottled water &amp; fruit juice</p>	<p>Cream of leek soup Vegetable sweet chilli pasta Macaroni cheese Calzone Chipped potatoes Sandwiches, baguettes &amp; filled rolls Assorted salads Fruit pot/yogurts Milk, bottled water &amp; fruit juice</p>	<p>Cream of tomato soup Lasagne savoury rice filled Panini Baked potato &amp; filling Sandwiches, baguettes &amp; filled rolls Assorted salads</p> <p>Jelly Pot Yogurts/fruit Milk, bottled water &amp; fruit juice</p>
<b>2</b>	<p>Lentil soup Marzetti Italian pasta Toasted sandwiches Baked potato &amp; filling Sandwiches, Baguettes &amp; filled rolls Assorted salads/fruit Fruit pot/yogurt Milk, Bottled water &amp; Fruit Juice</p>	<p>Lentil soup Steak pie potatoes &amp; Vegetables Marzetti French Bread Pizza Chipped potatoes Sandwiches, baguette &amp; filled rolls Assorted salads/fruit Fruit pot/yogurt Milk, Bottled water &amp; fruit juice</p>	<p>Minestrone soup Italian meatballs Steak pie potatoes &amp; vegetables Cheese &amp; Ham potato shells Baked potatoes Sandwiches, baguettes &amp; filled rolls Assorted salads/fruit Fruit pot Milk, Bottled water &amp; fruit juice</p>	<p>Minestrone soup Beef Goulash chicken fajita Quiche Chipped potatoes Sandwiches, Baguette &amp; filled rolls Assorted salads/fruit Fruit pot/yogurt Milk, Bottled water &amp; fruit juice</p>	<p>Cream of tomato soup Shepherd's pie &amp; vegetables Vegetable stir fry Panini Baked potato &amp; Filling Assorted salads Sandwiches Baquette &amp; filled rolls</p> <p>Jelly pot/yogurt Milk, Bottled water &amp; fruit juice</p>

3

Lentil soup  
Savoury mince potatoes  
&vegetables  
Tomato pasta  
Toasted sandwiches  
Baked potato & filling  
Sandwiches, Baguettes&  
filled rolls  
Assorted salads

Fruit pot/yogurt  
Milk, Bottled water & Fruit  
Juice

Lentil soup  
Breaded Haddock  
Savoury Tacos  
Cheese & tomato pizza  
Chipped potatoes  
Sandwiches, baguette &  
filled rolls  
Assorted salads

Fruit pot/yogurt  
Milk, Bottled water & fruit  
juice

Cream of cauliflower soup  
Macaroni Cheese  
Italian meatballs  
Cheesy potato shells  
Baked potato & filling  
Sandwiches, Baguettes&  
filled rolls  
Assorted salads

Fruit pot/yogurt  
Milk, Bottled water & Fruit  
Juice

Cream of cauliflower soup  
Chicken chow mein  
Chicken& Leek vol au vents  
Vegetarian pizza  
Chipped potatoes  
Sandwiches, baguette &  
filled rolls  
Assorted salads

Fruit pot/yogurt  
Milk, Bottled water & fruit  
juice

Cream of tomato soup  
Lasagne  
Savoury Vegetable Rice  
Filled Panini  
Baked potato & filling  
Sandwiches, Baguettes&  
filled rolls  
Assorted salads

Jelly pot/yogurt  
Milk, Bottled water &  
Fruit Juice

4

Lentil soup  
Mince pie  
potatoes & vegetables  
Vegetable Pasta  
Toasted sandwiches  
Baked potato & filling  
Sandwiches, Baguettes&  
filled rolls

Assorted salads/fruit  
Fruit pot/yogurt  
Milk, Bottled water & Fruit  
Juice

Lentil soup  
Steak pie Potatoes &  
vegetables  
Salmon Fish Cakes  
Ham and pineapple pizza  
Chipped potatoes  
Sandwiches, baguette &  
filled rolls

Assorted salads/fruit  
Fruit pot/yogurt  
Milk, Bottled water & fruit  
juice

Potato soup  
Creamy Chicken Pasta  
Steak pie potatoes &  
Vegetables  
Tuna potato shells  
Baked potato & filling  
Sandwiches, Baguettes&  
filled rolls

Assorted salads/fruit  
Fruit pot/yogurt  
Milk, Bottled water & Fruit  
Juice

Potato soup  
Chicken Curry & Rice  
Creamy chicken pasta  
Cornish Pasties  
Chipped potatoes  
Sandwiches, baguette &  
filled rolls

Assorted salads/fruit  
Fruit pot/yogurt  
Milk, Bottled water & fruit  
juice

Cream of tomato soup  
Vegetable sweet chilli  
pasta  
Chicken Curry & Rice  
Filled Panini  
Baked potato & filling  
Sandwiches, Baguette &  
filled rolls

Assorted salads/fruit  
Monthly dessert treat  
Fruit pot/yogurt  
Milk, Bottled water &  
Fruit Juice

In addition to the above Menu we also operate a fixed price cold room where Soup, Filled Rolls, Fruit Juice, Water and Fresh Fruit may be purchased.

Menu may be subject to change due to availability of ingredients.