

# Lunch Menu Week 1

## Price List

Soup with bread **£1.21**

Main meal **£2.40**

Sandwich **£2.24**

Jacket with filling **£2.10**

Pasta with sauce **£2.10**

Yoghurt **96p**

Jelly **96p**

Whole fresh fruit **71p**

Fruit pot **96p**

Bakery treat **£1.21**

Milk carton **68p**

Juice carton **91p**

## Meal Deal

Main with side,  
fruit/bakery/  
yoghurt/jelly & drink  
**£3.64**

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Winter Broth, Artisan Bread	Minestrone, Artisan Bread	Potato & Celery, Artisan Bread	Super Greens, Artisan Bread	Lentil & Vegetable, Artisan Bread
<b>Main Counter</b>	Thai Red Chicken Curry	Stuffed Beef, Rice, Kidney Bean & Cheese Burritos	Creamy Turkey & Leek Pie	Chicken Milanese	Oven Breaded Haddock
<b>Main Counter Meat Free</b>	Butternut, Sweet Potato Curry	BBQ Vegetable Bao Buns	Vegan One Pot Pasta Bake	Breaded Halloumi and Vegetables	Meatless Pasta Carbonara
<b>Sides</b>	Naan Bread, Rice, Bean Sprouts, Mangetout	Mixed Salads, Salsa, Jalapeños, Sour Cream, Sweetcorn, Broccoli	Mixed Salads, New Potatoes, Savoy Cabbage, Carrots	Tomato Sauce, Garlic Focaccia, Sweet Potato Mash, Squash, Sugar Snaps	Chips, Peas, Tartar Sauce, Salads, Sautéd Kale
<b>Baked Potatoes, Pasta &amp; Paninis</b>	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Pesto Pasta	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Tomato Pasta	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Spaghetti Pasta	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis
<b>Sweet (g/f options available daily)</b>	Beetroot Brownies	Red Velvet Cake	Apple Sponge Cake	Carrot Cake	Friday Treat - Old School Sponge Cake

For allergen information, please speak to a member of the team

# Lunch Menu Week 2

## Price List

Soup with bread £1.21

Main meal £2.40

Sandwich £2.24

Jacket with filling £2.10

Pasta with sauce £2.10

Yoghurt 96p

Jelly 96p

Whole fresh fruit 71p

Fruit pot 96p

Bakery treat £1.21

Milk carton 68p

Juice carton 91p

## Meal Deal

Main with side,  
fruit/bakery/  
yoghurt/jelly & drink  
£3.64

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Fresh Tomato Soup, Artisan Bread	Carrot & Corriander, Artisan Bread	Lentil & Chickpea, Artisan Bread	Chicken & Rice, Artisan Bread	Potato & Leek, Artisan Bread
<b>Main Counter</b>	Beef Lasagne	Buttermilk Chicken Burgers	Honey Glazed Gammon	Chicken Fajitas	Oven Baked Breaded Haddock
<b>Main Counter Meat Free</b>	Creamy Broccoli Gnocchi	Vegetable Fajitas	Aubergine & Lentil Bake	Quorn Bolognaise	Mac 'n' Cheese
<b>Sides</b>	Foccacia, Vichy Carrots, Peas	Mixed Salad, Seasoned Potato Wedges, Broccoli, Sweetcorn	Mixed Salad, Crushed Potatoes, Cauliflower, Peas	Garlic Bread, Guacamole, Salsa, Sour Cream, Corn on the Cob, Fine Beans	Chips, Peas, Tartar Sauce, Assorted Salads, Crusty Bread
<b>Baked Potatoes, Pasta &amp; Paninis</b>	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Nut-free Pesto Pasta	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Pasta & Tomato Sauce	Grab 'n' Go Paninis
<b>Sweet (g/f options available daily)</b>	Selection of Fruit Turnovers	White Chocolate & Cranberry Blondies	Banana & Apricot Loaf	Courgette & Orange Cake	Friday Treat - Old School Sponge Cake

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# Lunch Menu Week 3

## Price List

Soup with bread £1.21

Main meal £2.40

Sandwich £2.24

Jacket with filling £2.10

Pasta with sauce £2.10

Yoghurt 96p

Jelly 96p

Whole fresh fruit 71p

Fruit pot 96p

Bakery treat £1.21

Milk carton 68p

Juice carton 91p

## Meal Deal

Main with side,  
fruit/bakery/  
yoghurt/jelly & drink  
£3.64

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Chicken & Chorizo, Artisan Bread	Golden Vegetable, Artisan Bread	Curried Cauliflower, Artisan Bread	Butternut, Sweet Potato & Coconut, Artisan Bread	Chicken & Vegetable Broth, Artisan Bread
<b>Main Counter</b>	Chinese Chicken, Pepper & Onion Curry	Steak Pie	Roast Pork Loin	Jerk Chicken, Rice & Peas	Teriyaki Salmon Noodles/Breaded Haddock
<b>Main Counter Meat Free</b>	Stuffed Portobello Mushroom	Sticky Tofu & Veg Fried Noodles	Veg Shepherd's Pie with Sweet Potato Mash	Mushroom and Chickpea Fajitas	Vegetable & Rice Stir Fry
<b>Sides</b>	Salad Bar, Rice, Pak Choi, Mangetout	Salad Selection, Roasted Root Veg, Mashed Potatoes	Assorted Salads, Sugar Snap Peas, Sautéed Cabbage, Boiled New Potatoes	Sweetcorn & Peppers, Roasted Red Onions	Chips, Peas, Broccoli, Tartar Sauce, Noodles
<b>Baked Potatoes, Pasta &amp; Paninis</b>	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis, Pesto Pasta	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis	Baked Potatoes with Assorted Fillings, Grab 'n' Go Paninis
<b>Sweet (g/f options available daily)</b>	Mixed Homemade Biscuits	Empire Biscuits	Spiced Parsnip Cake	Blueberry Muffins	Friday Treat - Old School Sponge

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